



Class is
in English

Free virtual parenting workshop

Cultivating Courage & Self-Esteem for Teens

Thursday, October 29

6 - 7:30 PM | Zoom

 **Parent Connection**
of San Luis Obispo County

Center for
Family
Strengthening

Helping families thrive.

THE Community
FOUNDATION
SAN LUIS OBISPO COUNTY

Learn More & Register:

[https://lp.constantcontactpages.com/
ev/reg/mse7jfn](https://lp.constantcontactpages.com/ev/reg/mse7jfn)

Contact: Lindaflor Larsen at (805) 540-1223
or linda@cfsslo.org

Clase virtual gratuita para padres
**Cultivando el coraje y la
autoestima en los adolescentes**

La clase
es en
ingles

Jueves, 29 de octubre
6 - 7:30pm | Zoom

Obtenga más información y regístrese:

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