



CHILD DEVELOPMENT AND FAMILY STUDIES

Parenting Education/Family Advocacy Certificate of Achievement 2024-2025

This certificate prepares students for employment with a family-strengthening agency

REQUIRED COURSES (9 UNITS):

- **CDFS 201 CHILD GROWTH AND DEVELOPMENT (3 UNITS)**
Children's development from conception through adolescence in the physical, social, emotional, and cognitive domains.
- **CDFS 202 CHILD, FAMILY, AND COMMUNITY (3 UNITS)**
Community resources, and the protective factors, that strengthen and support children and their families. Culturally appropriate strategies for collaborating with families to support children's development.
- **CDFS 217 THE STUDY OF PARENTING (3 UNITS)**
Developmental theories and principles applied to diverse child-rearing situations, including specific parenting tasks, behavior challenges, and related guidance strategies for each developmental stage.

CHOOSE ONE ADDITIONAL COURSE FROM THE FOLLOWING (1-3 UNITS):

- **CDFS 235 UNDERSTANDING BEHAVIORS THAT CHALLENGE (1 UNIT)**
An overview of young children's behaviors, within a family and cultural context, to understand the root causes of challenging behaviors and to promote resilience.
- **CDFS 240 INFANT AND TODDLER DEVELOPMENT (3 UNITS)**
The major physical, cognitive, social and emotional developmental milestones for infants and toddlers from conception through age three.
- **ASHS 278 FAMILIES AND ADDICTION (3 UNITS)**
Common patterns of family structure and functioning, correlated with substance abuse and addiction, including the major types of family systems and dynamics.

PLEASE CONTACT

Michele Gordon Johnson, Child Development and Family Studies Faculty, Cuesta College
michele_gordonjohnso@cuesta.edu | 805.776.3302