

Parenting my 16-18 year old

Thursdays
3/30, 4/6, 4/13
~ 2023 ~
6:00-7:30 PM



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Parenting in the later years of adolescence is drastically different than parenting younger children. Some of the things that used to work may not work now. You are supporting their growing independence and ushering them into young adulthood.

We'll cover practical strategies which are effective and research-based.

- Study how the brain develops and what is happening in your teen's brain
- Learn how to support your adolescent in being accountable and independent while their responsibilities grow.
- Connect with other parents, address real-life parenting issues, and learn concrete strategies to prevent risky behaviors and help your teen resist negative peer pressure.
- Explore successful ways to have positive communication between you and your adolescent
- Learn how to turn discouragement into encouragement



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Location: On Zoom!

Educator: Deanne Ririe

Questions: Call or text Deanne at 805-788-8206

Learn more & register: <https://conta.cc/3h089Gg>

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