# **Parenting** my 3-5 year old



**Learn More** & Register

Thursdays 2/9, 2/16, 2/23 ~ 2023 ~ 6:00-7:30 PM

**Hosted by** 



Center for Strengthening







### Parenting my 3-5 year old

Your child is growing their abilities, learning about relationships, and challenging themselves and others.



### We'll cover practical strategies which are effective and research-based.

- Learn about your child's development (body and brain)
  and how to support their growth and set realistic
  expectations for you and your child
- Identify your parenting style and your child's temperament and learn strategies to help prevent problems and address challenging behaviors.
- Connect with other parents and learn how to address real parenting issues
- Discover how to prepare your child (and you) for school so they have a positive introduction to school, increasing their success.

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~ 2023 ~
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Location: On Zoom!

**Educator:** Deanne Ririe

Questions: Call or text Deanne at 805-788-8206

Learn more & register: <a href="https://conta.cc/3FquF4m">https://conta.cc/3FquF4m</a>

Helping families thrive.



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