

Emotion Coaching

A 5 step method that builds emotional intelligence and creates positive, long-lasting effects for children from toddlers to teens.



Join us at this virtual workshop to learn:

- Effective ways to respond when your child is sad, angry, or scared
- Ways to use emotions as opportunities for connection and teaching.
- How to set clear, consistent limits while helping your child problem-solve.

11/9/2022
6 - 7:30PM



Location: Zoom

Contact: Deanne at 805-788-8206

Register: <https://conta.cc/3fCTO1o>

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