

# Active Parenting of Teens

for parents of adolescents ages 13-18

**Tuesdays | 11/8/2022 - 12/13/2022**

**6-7:30 pm | on Zoom**

Parents of teens will learn about **\* communicating effectively with teens (it can be done!)** **\* understanding a teen's goals—which is key to avoiding power struggles** **\* giving your teen the tools needed to behave in a responsible way** **\* modeling behaviors** **\* reducing the risks of the teen years**



## **Instructor:**

Deanne Ririe

## **Contact:**

Contact Gwen at 805-543-3700

## **Register:**

<https://conta.cc/3Opt5RN>



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