## PARENTING SOBER SUPPORT GROUP

11am - 12:30pm

1st & 3rd Thursday of each month

meets via **ZOOM** (contact facilitator for password)

Cindy DuSair PCC, ELI-MP

Positive Discipline Parent Educator

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Open forum meeting for parents at any stage of recovery who want to get a grip on parenting & stay sober in the process. This group aligns solid parenting foundation principles and tools with 12-step principles so that parents can enjoy both living sober and parenting successfully.











