

Back to School

Class
is in
English

Learn strategies to help for a smoother transition
from summer to school time

A virtual night workshop for parents of children entering TK-5th grade

WHEN

Monday, August 9, 2021
6:30-8:30 pm

WHERE

Through Zoom
A link will be sent after
registration

WHO SHOULD ATTEND

Parents of children
entering TK- 5th grade

Educator:

Stormy Capalare

REGISTER

<https://conta.cc/3yK309w.com>

COST

FREE!

This class will help parents:

- Importance and how to implement routines
- How to be an encouraging parent
- Respectful Communication
- How to adjust your child's sleep schedule
- How to help support your child's success in their schooling

The first day of school can be difficult for children of all ages. **The transition from summer to school can be rough for both parent and child, but some strategies and tips can help.** Parents will also learn the developmental milestones of children, positive discipline techniques, increase their knowledge on social & emotional competencies, and have a live Q&A with Stormy Capalare.



For more information about registration, contact:

Gwendolyn Garcia, Parent Connection Coordinator | 805-543-3700 | gwen@cfsslo.org

For more information about content, contact:

Stormy Capalare, Parent Connection Educator | 559-355-0152 | stormycapalare@gmail.com



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