

# San Luis Obispo County

## 2020 Directory of Family Resource Centers

FRC services may change in response to the COVID-19 crisis. Learn more at [www.slohealthaccess.org](http://www.slohealthaccess.org).

<b>Family Resource Center</b>	<b>Address/Phone/Email</b>	<b>Population/Services</b>
<b>Pregnancy &amp; Parenting Support of SLO County</b> (Formerly ALPHA) <a href="http://www.ppslo.org">www.ppslo.org</a>	3480 South Higuera, Ste. 100 San Luis Obispo, CA 93401 (805) 541-3367	Pregnant and parenting mothers and fathers until child is age two.
<b>Cambria Connection</b> <a href="http://www.thecambriacconnection.org">www.thecambriacconnection.org</a>	1069 Main Street Cambria, CA 93428 (805) 927-1654	Any community member needing access to social services, counseling, youth services, and 12 step programs.
<b>The Link Family Resource Center</b> Atascadero FRC	4507 Del Rio Ave., Bldg. 1 Atascadero, CA 93422 (805) 466-5404	<i>Basic needs and preventive services:</i> primarily families with school-age children: bilingual Family Advocates  <i>Intensive services:</i> Children and families in North County, including San Miguel, Shandon, Creston and Santa Margarita.  <i>Additional services include:</i> Parenting classes Homeless services SAFE System of Care
Paso Robles FRC (also serves Shandon & San Miguel)  <a href="http://www.linkslo.org">www.linkslo.org</a>	1802 Chestnut St. Paso Robles, CA 93447 (805) 466-5404	
<b>Child Development Resource Center of the Central Coast</b> <a href="http://www.childrensresource.org">www.childrensresource.org</a>	1720 Bishop Street San Luis Obispo, CA 93401 (805) 544-0801	Therapeutic preschool for children ages two to five, based on need and income. Medi-Cal and sliding scale mental health therapy services for children and their families.
<b>Community Action Partnership of SLO County</b> <a href="http://www.capslo.org">www.capslo.org</a>	1030 Southwood Drive San Luis Obispo, CA 93401 (805) 544-4355	Programs to help individuals and families with employment, child care and preschool, parent education, housing, and medical services, etc.
<b>Community Counseling Center</b> <a href="http://www.ccslo.org">www.ccslo.org</a>	676 Pismo Street San Luis Obispo, CA 93401 (805) 543-7969	Sliding scale counseling services
<b>Seneca Family of Agencies</b> (Formerly Kinship Center) <a href="https://senecafoa.org">https://senecafoa.org</a>	6850 Morro Road Atascadero, CA 93422 (805) 434-2449	Foster and adoptive families, relative caregivers (eg: grandparents caring for grandchildren). Services include: mental health, support groups, parent education, adoptions.
<b>North County Connection</b> <a href="http://www.northcountyconnection.com">www.northcountyconnection.com</a>	8600 Atascadero Ave. Atascadero, CA 93422 (805) 462-8600	Families, adults and teens with substance abuse issues



<b>Family Resource Center</b>	<b>Address/Phone/Email</b>	<b>Population Served</b>
<b>Parent Connection of SLO County</b> <a href="http://www.sloparents.org">www.sloparents.org</a>	San Luis Obispo (805) 543-3700  North County (805) 904-1411  South County/Spanish (805) 462-7135	Online listing and Resource Line for parenting classes and resources. Free, confidential HelpLine for parenting questions with professional Parent Coaches.
<b>Parents Helping Parents</b> SLO Resource Center  Atascadero Resource Center <a href="http://www.phpslo.org">www.phpslo.org</a>	3450 Broad St. Ste. 111 San Luis Obispo, CA 93401 (805) 543-3277  7305 Morro Road Ste. 104A Atascadero, CA 93422 (805) 461-7415	Families of children with special needs.
<b>RISE</b> (Formerly North County Women's Shelter & SARP Center) <a href="http://www.riseslo.com">www.riseslo.com</a>	51 Zaca Lane Suite 100 San Luis Obispo, CA 93401  1030 Vine Street Paso Robles, CA 93446 (855) 86-RISE	Individuals and children needing shelter, counseling, and referral services due to intimate partner violence.
<b>San Luis Coastal USD</b> SLO Family Resource Center (Serves SLO And Avila)  Coastal Family Resource Center (Serves Los Osos and Morro Bay)	1500 Lizzie Street, G-4 San Luis Obispo, CA 93401 (805) 458-5499  Sunnyside School 880 Manzanita Dr. #18 Los Osos, CA 93402 (805) 235-6610	<i>Basic needs and preventive services:</i> Families with school-age children: bilingual services  <i>Intensive services:</i> San Luis Coastal Unified School District students  <i>Additional services include:</i> Parenting classes, homeless services, SAFE System of Care
<b>South County SAFE System of Care</b> Arroyo Grande Family Resource Center  Nipomo Family Resource Center  Oceano Family Resource Center	1086 Grand Ave. Arroyo Grande, CA 93420 (805) 474-2105  920 W. Tefft St. Nipomo, CA 93444 (805) 474-2105  1511 19th St. Oceano, CA 93445 (805) 474-3690	<i>Basic needs and preventive services:</i> Any resident  <i>Intensive services:</i> Children in the Lucia Mar Unified School District  <i>Additional services include:</i> Parenting classes Homeless services
<b>Stand Strong</b> (Formerly Women's Shelter Program of SLO Co.) <a href="http://www.standstrongnow.org">www.standstrongnow.org</a>	P.O. Box 125 San Luis Obispo, CA 93406 (805) 781-6401	Women and children needing shelter, counseling, and referral services due to domestic violence.
<b>Transitions-Mental Health Association</b> <a href="http://www.t-mha.org">www.t-mha.org</a>	784 High Street San Luis Obispo, CA 93401 (805) 540-6500	Individuals with mental health issues and their families and caregivers