

Curious Parent Forum: Children's Social and Emotional Skills

Arroyo Grande Library
800 W. Branch St.
805-473-7163

Saturday, October 5
11:00 AM



In this Curious Parent Forum, we will explore ways to develop social and emotional intelligence in your family life that wire your child's brain for health, happiness, creativity and compassion.

Childcare will be provided and snacks will be served.



Lea Payne Scott, M.P.H. is a Social and Behavioral Health Educator who offers classes and consultations to parents and educators on the Central Coast. Working at the intersection of neuroscience, mindfulness, psychology and health promotion, Lea uses a whole-brain approach to helping children, families and classrooms thrive.



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