

CAMP TWEEN

EVERY GIRL'S GUIDE TO THRIVE
in Middle School



June 23 - 27

1pm-4pm

Location:



6613-B Bay Laurel Place
Avila Beach, CA 93424
(in the Avila Village)

Register by June 1st

Contact: Cindy DuSair 805-550-5865

cdusair@buildyournestcoaching.com

www.buildyournestcoaching.com

In this nurturing group-coaching camp for middle school girls, your tween will learn the life skills she needs for keeping her spirits high... and the drama low!

She will develop leadership abilities, emotional intelligence, and a healthy self-image physically, socially, mentally, and spiritually.

Tuition: \$235 includes assessment, workbook, camp t-shirt, unlimited email coaching all summer long, and a follow-up group session at the end of summer.

nest . nurture . grow . thrive