



# THE NORTH COUNTY RESOURCE GUIDE 2012 / 2013



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The Central Coast LINK has been publishing *The North County Resource Guide* since 2005. Over the years, the *Resource Guide* has become more than just a way to provide linkages and information to families in need. It has also become a source of insight into both the wealth of services available, and the many people serving the community who work to make these programs possible; many of whom are volunteers. In updating this year's list, it's inspirational to see that the largest resource section falls under the category of "Youth & Children's Programs." It is a testament to both the need, and the response of our community to address those needs.

As we look to this year's addition of *The North County Resource Guide*, we would like to acknowledge and dedicate this edition to the many people who work to make these services available. These people are the Firefighters, Police Officers, Family Advocates, Teachers, Case managers and hundreds of others...THANK YOU.

Dan Cano, Executive Director

**Contact Information:**

The Link Family Resource Center (Atascadero) 466-5404  
 The Paso Robles Family Resource Center 238-2775  
 The San Miguel Family Resource Center 712-5327

**EMERGENCY SERVICES**

POLICE-FIRE-AMBULANCE 911  
 SLO County Health & Human Services Information 211  
 Atascadero Fire Dept. Business Line 461-5070  
 Suicide Crisis Line 1-800-549-4499  
 Atascadero Police Dept. Business Line 461-5051  
 Child Welfare Service (CPS) 1-800-834-3002 ext. 1700  
 Paso Robles Police Business Line 237-6964  
 In Home Protective Services 1-800-834-3002 ext 1790  
 Paso Robles Fire Dept Business Line 237-7560  
 Poison Control 1-800-876-4766  
 Sheriff's Dept. 1-800-834-3346  
 No. County Women's Shelter & Resource Ctr. 226-5400  
 California Highway Patrol (CHP) 434-1822  
 Victim Witness Program 781-5821  
 Sexual Assault Recovery/Prevention Center 545-8888  
 American Red Cross 543-0696  
 County Office of Emergency Services 781-5011

**BASIC NEEDS ASSISTANCE**

\* **General Assistance**  
 American Red Cross 543-0696  
 Department of Social Services 461-6000  
 Salvation Army 466-7201/238-9591

\* **Food & Nutrition**  
 People's Kitchen/Second Baptist Church (PR) 238-2011  
 Food Bank Distribution Sites 238-4664

Food Stamps/CalFresh 237-3110/461-6000  
 Women, Infants and Children (WIC) 237-3050/781-5570  
 Loaves and Fishes Atascadero 461-1504  
 Loaves and Fishes Paso Robles 238-4742  
 Salvation Army Services 466-7201/238-9591  
 Senior Citizen Lunches-Atascadero 466-2317  
 Senior Citizen Meals Santa Margarita 438-5854  
 Paso Robles Senior Nutrition 238-4831

**EMPLOYMENT RESOURCES**

Business & Career One Stop (Adult) 903-1400  
 Business & Career One Stop (Youth) 903-1430  
 EDD Migrant Outreach 237-3014  
 Employment Development Dept. 1-800-300-5616  
 Service Employment Program 903-1480  
 WIA Youth Employment Program 459-1969 / 459-6915

**FAMILY SERVICES**

\* **Childcare Resource**

Head Start Atascadero 466-0417  
 Head Start Paso Robles 238-5323  
 Migrant Head Start Main Office 544-4355  
 Child Care Resource Connection 544-4355  
 San Miguel State Pre-School 467-3626  
 California State Preschool 466-8181  
 Migrant Education 237-3471  
 Shandon State Pre-School 238-6814  
 Paso-Marie Bauer State Pre-School 237-3481  
 First Five Family Education Center 239-7971  
 Paso-Winifred Pifer State Pre-School 237-3435  
 Atascadero State Pre-School 466-8181

\* **Domestic Violence**

North County Women's Shelter 226-5400  
 Victim/Witness Assistance Ctr. 781-5821  
 Woman's Shelter Programs of San Luis Obispo 781-6400

\* **Family Resource Centers**

Kinship Center 434-2449  
 North County Women's Resource Center 226-5400  
 Paso Robles Family Resource Center 769-1381  
 Parent Connection (www.sloparents.org) 543-3700  
 SAFE System of Care North County 466-5404  
 San Miguel Family Resource Center 712-5327  
 The LINK Family Resource Center (Atascadero) 466-5404  
 TMHA Atascadero Wellness Center 464-0512

\* **Family & Parenting Resources**

ASPEN (foster parent recruitment/education) 781-1776  
 Helpline (Parenting) 904-1411  
 Parent Connection (www.sloparents.org) 543-3700  
 Paso Robles CARES Resource Center 237-3421  
 San Miguel Community Support Center 712-5327  
 The LINK Family Resource Center 466-5404

\* **Pregnancy / Infant Resources**

Adoption Services (Social Services)	781-1705	American Cancer Society	473-1748
ALPHA Pregnancy & Support	541-3367	American Heart Association	544-1505
Breastfeeding Warmline	541-2229	American Lung Association	1-800-586-4872
Car Seat Information (CHP)	434-1822	Arthritis Foundation	1-800-954-2873
Child Health & Disability Prevention	781-5527	Braille Institute	462-1225
Early Support Program/ County Health Nurses	788-2068	Diabetes Center/Central Coast	434-1166
New Baby Car Seat Information	541-3367	Lupus Society	1-949-833-2121
Planned Parenthood	549-9446	Multiple Sclerosis Society	682-8783
Postpartum Depression Support	549-7786	March of Dimes	1-213-637-5050
Teen Academic Parenting (TAPP)	544-2484		
Tree of Life Pregnancy Support Center	461-3405		
Women, Infants and Children (WIC)	237-3050/781-5570		

**\* Youth / Children's Programs**

Atascadero Comm Services Dept (REC)	461-5000
Atascadero Babe Ruth	461-7600
Atascadero Boy Scouts of America	461-4018
Atascadero Youth Football & Cheer	462-2156
Atascadero Little League	441-7015
Atascadero Youth Soccer	462-4652
Atascadero Youth Wrestling	462-4296
Atascadero Colony Park Comm Center	470-3360
Big Brothers-Big Sisters	781-3226
Campfire USA	773-5126
College Road Tutoring & Consulting	441-6908
Family Care Network	781-3535
Girl Scouts	1-800-822-2427
Girls Softball	prgsl.org
Mid-Coast Volleyball Club—Atascadero	441-6906
Morning Star Youth Ranch	226-2859
Www.MorningStarYouthRanch.org	
Paso Robles Boy Scouts of America	239-3494
Paso Robles YMCA	239-3047
Paso Robles Centennial Park (REC)	237-3988
Paso Robles Roller Hockey	237-9702
Paso Robles Youth T- Ball	434-4909
Paso Robles Girls Softball	prgsl.org
Paso Robles Soccer/AYSO	237-2970
Paso Robles Youth Football	238-9093
Paso Robles Police Activities League	227-7425
Templeton Recreation Dept	434-4909
Templeton Youth Center`	434-4909
Nine Line Crisis Counseling	800-999-999
Friday Nite Live	781-4289
Paso Robles Gymnastics Program	237-6543
Fitzhugh Trust Youth Camp	238-1500
North County Boys/Girls Club	239-5437
Voices for Children / CASA	541-6542
County Welfare Services	1-800-834-3002 X 1700

**HEALTH SERVICES & PROGRAMS**

**\* Community Health Resources**

Alcoholics Anonymous (AA)	462-8600
Alzheimer's Association	547-3830
AARP	1-888-687-2277

American Cancer Society	473-1748
American Heart Association	544-1505
American Lung Association	1-800-586-4872
Arthritis Foundation	1-800-954-2873
Braille Institute	462-1225
Diabetes Center/Central Coast	434-1166
Lupus Society	1-949-833-2121
Multiple Sclerosis Society	682-8783
March of Dimes	1-213-637-5050

**\* Drug & Alcohol Services**

Aegis Medical systems	461-5212
AL-ANON	466-0959
Alcoholics Anonymous	466-8175/781-4286
Casa Solana	481-8555
Center for Counseling & Recovery	227-4500
County Drug and Alcohol Services	461-6080
Lifestyles Recovery Center	238-2290
North County Connection	462-8600
NA/SLO	1-800-549-7730

**\* Counseling (low cost options)**

Calm Clear & Connected Counseling Center	466-4681
Community Counseling Center	543-7969
Creative Mediation Services	549-0442
Family Renewal Center	239-3135
Latino Outreach Program	541-5280
Pepper Tree Counseling Services	545-9449

**\* Dental (low cost options)**

Community Health Centers/Dental	434-2020 / 238-7250
Denti-Cal (Medi-Cal) Providers list	1-800-322-6384
Clinica De Tolosa	238-5334

**\* Hospitals & Walk-in Clinics**

Twin Cities Community Hospital	434-3500
Sierra Vista Regional Medical Center	546-7600
French Hospital Medical Center	543-5353
Community Health Center Atascadero	792-1400
Community Health Center Paso Robles	238-7250
Community Health Center San Miguel	467-2344
Community Health Center Templeton	434-1038
Paso Robles Public Health Clinic	237-3050
Veteran's Admin. Out-Patient Clinic	543-1233

**\* Insurance**

Healthy Families	1-800-880-5305
Medi-Cal	461-6000 / 237-3110
Healthy Kids (Children's Health Initiative)	540-5177

**\* Medical Services & Information**

Children's Medical Services-Public Health	781-5527
Death and/or Birth Certificates	781-5514
California Children Services (CCS)	781-5527
Family Planning Clinic—Public Health	237-3050
Child Health/Disability Prevention (CHDP)	781-5527

County Medical Services Program (CMSP)	781-4838
Immunization/TB Testing	237-3050
Tri-Counties Regional Center	461-7402
Aids and HIV Testing	781-5540
CAPSLO Senior Health Screening	544-2484
Tobacco Control	781-5564

**\* Mental Health Services & Support Groups**

Anticipatory Grief/Family Support/Hospice	434-1164
Bereaved Parents	239-1091
Cancer Support Groups	543-1481
Care and Counseling Center	466-4681
Community Counseling Center	543-7969
Cottage Outpatient Center	541-9113
Family Renewal Center	239-3135
Family Ties	434-2126
Grief Support/Hospice	434-1164
Hospice of SLO	544-2266
Kinship Center	434-2449
Mental Health Services Atascadero	461-6060
Parents Helping Parents	461-7415
Paso Wellness Group	238-4411
Postpartum Depression Support	549-7786/5413367
SLO County Mental Health	1-800-838-1381
Transitions-Mental Health	541-5144
Tri-County Regional Center	461-7402

**HOUSING ASSISTANCE**

**\* Homeless Shelters**

ECHO Homeless Shelter	462-3663
Maxine Lewis Memorial Shelter (SLO)	781-3993

**\* Housing (transitional & low income/cost)**

Peoples Self-Help Housing	781-3088
Housing Authority of San Luis Obispo (HASLO)	543-4478
Transitional Food & Shelter (medical needs)	
North County Woman's Shelter (dom. violence)	
Paso Robles Housing Authority	238-4015

**LEGAL RESOURCES**

CA Rural Legal Assistance (CRLA)	239-3708
CA Rural Legal Assistance	544-7994
Catholic Charities	541-9110
Consumer Protection and Small Claims	781-5856
County Clerk	461-6041/781-5088
Court Appointed Special Advocates	541-6542
Child Support Division	866-901-3212
Consumer Credit Counseling Services	1-800-540-2227
Family Mediation Services	549-0442
Family Law Facilitator	546-3769
Immigration and Naturalization	1-800-375-5283
Lawyer Referral /SLO County Bar Assoc.	541-5502
American Civil Liberties Union (ACLU)	213-977-5253
Victim Witness Assistance	781-5821
Public Defender	541-5715
Public Guardian	781-5845

Senior Legal Services Project	543-5140
Social Security Administration	544-5251

**LATINO PROGRAMS / RESOURCES**

American Cancer Society	238-9657/543-1481
Catholic Charities	541-9110
Family Advocacy	237-3470/466-5404
Hospice Inc.	434-1164/544-2266
Latino Outreach Program (Counseling)	541-5280
Migrant Education	237-3471
Hispanic Advocacy	610-1155
Farm Worker Safety	781-5910
CA. Rural Legal Assistance (CRLA)	239-3708

**SENIOR / ELDERLY RESOURCES**

**\* General Support**

Wilshire Community Services	547-7025
In-Home Supportive Services	461-6000
Area Agency on Aging	1-800-510-2020
Caring Callers	547-7025 x17
Coast Caregivers	534-9234
Community Action Partnership	541-4122 / 237-3880
CAPSLO Senior Home Repair	541-4122
Templeton Community Serv Dst. Center	434-4900
Senior Citizens Center-Atascadero	466-4674
Health Insurance Counseling (HICAP)	1-800-434-0222
Life Steps	1-800-491-2246
San Miguel Senior Center	467-3445
No. County Senior Singles	239-9348
Shandon Senior Center	239-4131
Senior Citizens Santa Margarita	438-5854
Retired Senior Volunteers (RSVP)	544-8740

**\* In-Home Care**

Home Instead Senior Care	773-3744
Lifeline Monitoring	1-888-669-2273
Hospice Partners	782-8608
Amdal	464-0108
In Home Support (DSS)	1-800-834-3002 ext 1790
Senior In Home Care	1-800-510-2020

**BUSINESS & GOVERNMENT**

**\* Business Community**

Atascadero Chamber of Commerce	466-2044
Atascadero Main Street Association	462-0177
Paso Robles Chamber of Commerce	238-0506
Paso Robles Main Street Association	238-4103
Templeton Chamber of Commerce	434-1789

**\* Elected Representatives**

County Supervisor Frank Mecham	781.5450
County Supervisor Jim Patterson	781-5450
State Senator Sam Blakeslee	549-3784
Assemblyman Katcho Achadjian	549-3381
Representative Kevin McCarthy Office	461-1034
Senator Barbara Boxer	916-448-2787

Senator Dianne Feinstein 202-224-3841

**\* Atascadero City Administration**

Administration 461-5000  
 Community Services 461-5000  
 Community/ Economic Development 461-5000  
 Public Works 461-5000

**\* Paso Robles City Administration**

Administration 237-3888  
 Development Services/Engineering 237-3860  
 Garbage Pick-up Paso Robles Waste 238-2381  
 Paso Robles Water 237-3996  
 Public Works 237-3861  
 Recreation 237-3988

**\* Transportation Services**

Recreation Education Community 461-5000  
 Department of Motor Vehicles DMV 800-777-0133  
 Atascadero Lake Pavilion 461-5005  
 Ride Sharing 541-2277  
 Garbage Pickup Waste Mgmt 466-3636  
 Ride-On Shuttle 541-8747  
 Atascadero Mutual Water Co 466-2428  
 RUNABOUT Van Services 541-2544  
 Paso Robles Transit/Dial-a-Ride 239-8747  
 Paso Robles Airport 237-3877  
 Atascadero Transit/Dial-a-Ride 466-7433  
 Central Coast Transit Regional Transit 541-2228  
 Amtrak 1-800-872-7245  
 Greyhound Bus Lines 1-800-231-2222  
 Paso Robles Taxi 296-2315

**\* County Area Administration**

San Miguel Community Services District 467-3388  
 Supervisor Jim Patterson 781-5011  
 Supervisor Frank Mechem 781-5011  
 Animal Services 781-4400  
 Deer (Dead) in County Roads 781-4400  
 Heritage Ranch Community Svcs District 227-6230  
 Nacimiento Water Co (Oak Shores) 472-2540  
 Whitley Gardens Water (Greenriver) 239-3111  
 Shandon Water 781-5297  
 San Miguel Water 467-3388  
 Templeton Fire Business Line 434-4911  
 Templeton Community Services District 434-4900

**EDUCATION**

**\* Colleges**

Cuesta College North Campus 591-6200  
 Cal-Poly State University 756-1111

**\* Libraries**

Atascadero Public Library 461-6161  
 Creston Public Library 237-3010  
 Paso Robles Public Library 237-3870

Santa Margarita Public Library 438-5622  
 San Miguel Public Library 467-3224  
 Shandon Public Library 237-3009

**\* Schools**

County Office of Education 543-7732  
 Chalk Mountain Community School 597-7801  
 California State Preschool 466-8181

**Atascadero School District Office 462-4200**

Atascadero Adult School 462-4386  
 Atascadero Fine Arts 460-2500  
 Atascadero Junior High 462-4360  
 Atascadero High 462-4300  
 Transportation 462-4250  
 Carrisa Plains Elementary 475-2244  
 Creston Elementary 238-4771  
 Monterey Road Elementary 462-4270  
 San Benito Road Elementary 462-4330  
 San Gabriel Elementary 462-4340  
 Santa Margarita Elementary 438-5633  
 Santa Rosa Elementary 462-4290  
 West Mall Alternative-Independent Study 462-4238  
 Del Rio Continuation School 462-4350

**Paso Robles Schools District Office 769-1000**

Student Resource Center (PRHS) 237-3436  
 Liberty Continuation High School 237-3332  
 Georgia Brown Elementary 769-1200  
 Bauer Speck Elementary 769-1350  
 Kermit King Elementary 237-6170  
 Pat Butler Elementary 237-3407  
 Virginia Peterson Elementary 769-1250  
 Winifred Pifer Elementary 769-1300  
 Flamson Middle School 769-1400  
 Lewis Middle School 769-1450  
 Paso Robles High School 769-1500

**Pleasant Valley Schools 467-3453**

**San Miguel School District 467-3216**

Lillian Larsen Elementary 467-3216  
 Cappy Culver Elementary 227.1040

**Shandon School District 238-0286**

Shandon High School 238-0286  
 Shandon K-8 238-1782  
 Parkfield Elementary 463-2331

**Templeton School District 434-5800**

Templeton Independent Study 434-5846  
 Templeton Elementary 434-5820  
 Vineyard Elementary 434-5840  
 Templeton Middle School 434-5813  
 Templeton High School 434-5888  
 Eagle Canyon Continuation High School 434-5833



*A Proud Member Of*



**ASPEN**  
Atascadero School Placement Empowerment Network

Would you be willing to help keep  
a local child in their school?

For more information on how you can help  
**Call: (805) 781-1705**  
Or, visit our website [www.slocounty.ca.gov/dss](http://www.slocounty.ca.gov/dss)

**800-549-4499**  
**SLO HOTLINE**  
**TMHA**  
Hablamos Español

Hopeless, desperate or alone?  
Concerned for someone else?  
Need someone to talk to?

SLO Hotline is a mental health,  
emotional support and suicide  
prevention phone line. Our trained staff  
and volunteers are here to help You.

Confidential. Free of charge.  
24 hours every day.

SLO Hotline is a program of  
Transitions-Mental Health Association  
[www.t-mha.org](http://www.t-mha.org)

*Alpha*  
**Pregnancy & Parenting Support**  
[www.sloalpha.org](http://www.sloalpha.org)  
**805-541-3367**

Understand Mental Health  
**SLO THE STIGMA.org**  
OR CALL **800.549.4499**

**Parent Connection**  
of San Luis Obispo County  
[www.sloparents.org](http://www.sloparents.org)

An online family resource center with a current list of  
parenting classes and support services in SLO County  
Un centro de recursos familiares en la Internet,  
con una lista de talleres para padres y servicios  
de apoyo en el condado de SLO

**Information (805) 543-3700**

**NORTH COUNTY CONNECTION**  
A RESOURCE CENTER FOR RECOVERY

**8600**

**NORTH COUNTY CONNECTION**  
8600 ATASCADERO AVE., ATASCADERO, CA. 93422  
Phone# 805-462-8600  
[www.northcountyconnection.com](http://www.northcountyconnection.com)

SAN LUIS OBISPO COUNTY  
**COMMUNITY  
FOUNDATION**

*Turning Passion into Action*

**The LINK**  
6500 Morro Rd. Ste. A  
Atascadero CA 93422 / 805-466-5404