Get Love and Logic

Presented by Christina Kaviani PhD, Certified Love&Logic Instructor

Love allows children to grow through their mistakes. Logic allows them to live with the consequences of their choices. Learn the Love and Logic process of building relationships through discipline as we simultaneously create a space to support parents while they raise children and learn to take care of themselves.



This unique online class format will be facilitated via Zoom and comprised of lectures, individual/partner activity, discussions, and question and answer sessions. Special topics of interest include the impact of discipline during COVID-19, social/racial justice, and healthy relationships between parents and children.

Christina Kaviani earned her doctorate in Human Development and is a dedicated advocate and educator for Cal Poly and RISE, as well as a certified Love & Logic Instructor. Christina aims to create a positive learning environment that celebrates the complexities between parents and children, as well as the importance of wellness, inclusion, and compassion in everyday life.

CLASS MEETS ONLINE FOR FIVE SESSIONS Wednesdays, 7:00-8:30 pm, June 30th-July 28th

\$25 for the entire series. Enroll at SLOadultschool.org





Parent Connection of San Luis Obispo County www.sloparents.org