## Teen Sexuality Parenting Forum

Join us for a forum exploring how to talk to your teens about relationships, gender identity, personal safety, sex and sexuality.

It can be challenging and confusing finding the right way to talk to your teen about relationships, sexuality and gender identity. This forum will support parents in finding the right way to approach these topics with their teens. The instructor will provide resources, and accurate information to inform these important conversations in your home. Cultural implication related to relationships and sexuality will be explored in the forum. Additionally, the instructor will identify how our own experiences from our childhood and intimate relationships can impact the way we communicate with our teens on these important topics.

This forum will be provided by Jackie Llamas, LMFT. Mrs. Llamas is a bilingual licensed marriage and family therapist who has been working with youth and families in the past eight years. She has a depth of knowledge and expertise in helping families overcome challenges with communication, safety, bonding, cultural differences and so much more. Mrs. Llamas is passionate about helping families improve and prosper.



Tuesday, Sept. 29<sup>th</sup>, 2020 6:30pm - 8:00pm

This Spanish class will be provided on Zoom (online)

To register please call Monica Villegas at 805-474-3690 or email monica.villegas@lmusd.org











