

# Imaginative Parenting Series

Arroyo Grande Library  
800 W. Branch St.  
805-473-7163

*Learn how to connect with your kids and promote their development through dramatic play.*

**Mondays, Sept. 23—Nov. 18**  
**10:00—11:15 AM**

This one-of-a-kind series gives parents the opportunity to learn simple imaginative play techniques with both an expert in play and a licensed clinical social worker and then put their new tools to immediate use in a 40-minute drama and imaginative play session with their child! Children participate in an enriching activity and parents walk out ready to continue the learning, fun and cooperation at home.

#### Schedule:

10:00 –10:20 Parent Class + Supervised Play  
10:20 –11:00 Parent and Me Pyjama Drama Session  
11:00 –11:15 Discussion + Supervised Play/Snack



Designed for kids age 2-5 years

To sign up call 805-473-7163 or visit [slolibrary.evanced.info](http://slolibrary.evanced.info). Please sign up for all seven weeks when possible.



Sarah Rijnen, cofounder of Pyjama Drama Learning, has a B.A. in Theater and a M.A. in Education. Having taught young children in the US, Argentina, Finland and the UK, she believes the best way to support the development of children aged 0-8 is through drama and imaginative play.



Sara Zepeda is a licensed clinical social worker with over ten years of experience working with children and families. She provides trainings in SLO County on trauma informed care and mental health first aid. Sara is intimately familiar with the value of relationships in fostering positive change and promoting healthy development. She is so excited to share how imaginative play is an important piece of the puzzle in the parent and child relationship.



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