

2018-2019 Parenting Forums & Support Groups



South County Youth Coalition and Parent Connection are pleased to provide Parenting Forums and Support Groups in the 2018-2019 school year!

Curious Parent Forums:

Location: Arroyo Grande Public Library – 800 W. Branch St., Arroyo Grande; Time: 11:00 am – 12:00 pm

- **Creating Healthy Sleep Habits for Babies and Children**
 - **Saturday, August 25th, 2018** – Kerrin Edmonds, Certified Pediatric Sleep Consultant
- **Childhood Nutrition and Feeding**
 - **Saturday, November 3rd, 2018** – Jessica Gust- MS, RDN, Child Nutrition Expert
- **The Dance of Attachment: How to safeguard and heal your child through bonding**
 - **Saturday, January 26th, 2019** – Rob Huxley- LMFT
- **Raising bright, kind, courageous & strong children with Dramatic Play: Pyjama Drama training for parents**
 - **Saturday, March 23rd, 2019** – Sarah Rijnen- Director, Pyjama Drama Learning
- **Children's Oral Health: How to encourage bright smiles for our children**
 - **Saturday, April 27th, 2019**- Barbara Morrow, RDH, Program Manager SLO County Oral Health Program
 - **Free Dental Screenings to follow.**
- **Why Reading Matters and How to Get Your Kid to Love it**
 - **Saturday, May 25th, 2019**- Margaret Kensinger-Klopfers, MLIS, Coordinating Librarian Youth Services, County of San Luis Obispo Public Libraries

Support Groups:

Location: Grover Heights Elementary School – 770 N. Eighth St, Grover Beach; Time: 5:30 – 7:30 pm

- **Repairing the Ruptures of Trauma: Empowering Caregivers**
 - **Thursdays: September 13th, November 8th, February 7th, and April 11th**- Betty Gillespie- Behavioral Health Clinician

For registration, please call Rubi Cuevas at: (805) 474-3000 ext. 1229
or send email to: rubi.cuevas@lmsd.org

****Childcare will be provided. Refreshments will be served****



County of SLO
Public Libraries



Parent Connection
of San Luis Obispo County

WELLNESS • RECOVERY • RESILIENCE