

Curious Parent Forum

Creating Healthy Sleep Habits for Babies and Children



The Curious Parent Forum is a one hour forum that provides parents the opportunity to get answers to questions they may be curious about. Parenting is far from easy and often times there is so much information at our fingertips that it can be confusing and overwhelming. The C.P.F. allows parents the opportunity to ask local experts direct questions about relevant parenting topics.
Come join us at the local Arroyo Grande Library for this month's guest expert!

Date: Saturday, August 25th, 2018

Time: 11:00 – 12:00 pm

Location: Arroyo Grande Public Library
800 W. Branch St.
Arroyo Grande, CA 93420

Guest Expert: Kerrin Edmonds – Certified Pediatric Sleep Consultant

After many sleepless nights with her first born, Kerrin thought there had to be a better way! So she hired a sleep consultant and found the whole process fascinating. She decided to go back to school and become a Certified Pediatric Sleep Consultant. She started her business in 2011 where she helps families all over the US get a better night's sleep! She works with families individually and also works for an Early Intervention Service in San Luis Obispo's North County. Kerrin lives in SLO's North County with her husband and three kids.

***For registration, please call Rubi Cuevas at:
(805) 474-3000 ext. 1229 or send an email to: rubi.cuevas@lmsd.org***

*****Childcare will be provided. Refreshments will be served.*****

