

Repairing the Rupture of Trauma through Attachment and Bonding Workshop



This workshop will address techniques to repair the rupture in a child and parent/caregiver relationship caused by the lack of physical and/or emotional unavailability. Children whose needs have not been met by this parent or caregiver in early childhood become adults who are still looking to fill those unmet needs. Early intervention with bonding and attachment techniques can help to repair the rupture and fulfill those unmet needs.

Parents will have the opportunity to connect with one another, the workshop will be offered in a support group setting.

Date: Thursday, May 17th

Time: 5:30 – 7:30 pm

Location: Grover Heights Elementary – Room E8
770 N. 8th St.
Grover Beach, CA 93433

Facilitator: Betty Gillespie, Marriage and Family Therapist Intern

For registration, please call Rubi Cuevas at (805) 431-2291.

Childcare will be provided (Room E5).

Dinner will be served.

