

Join us for a FREE Parenting Workshop!

POSITIVE DISCIPLINE

Learn how to handle stress, manage anxiety, recognize symptoms of depression and find treatment resources.



DATE THURSDAY FEBRUARY 22th 2018

TIME 5:00 TO 6:00 PM

SANTA LUCIA MIDDLE SCHOOL

2850 SCHOOLHOUSE LN. CAMBRIA, CA 93428 (805)927-3693

SNACKS AND CHILD CARE PROVIDE AT NO COST TO YOU. CALL DANILDA REYES (805)674-9505 TO REGISTER FOR A

FREE PARENTING CLASS WITH PARENT COACH **BESSY HOFFMAN**.

