

PARENTING SOBER SUPPORT GROUP



Open forum meeting for parents at any stage of recovery who want to get a grip on parenting & stay sober in the process. This group is designed to align solid parenting foundation principles and tools with **12-step** principles so that parents can begin to enjoy both living sober and parenting successfully.

MEETING TIME: 10:30am - Noon
1st Saturday of each month

5:30-7:00pm
3rd Wednesday of each month

LOCATION: Build Your Nest Coaching
6613 - B Bay Laurel Place, Avila Beach, CA

FACILITATOR: Cindy DuSair
PCC, CPC, ELI-MP, Positive Discipline Parent Educator

CONTACT: 805-550-5865
cdusair@buildyournestcoaching.com