

Understanding Generational Patterns of Parenting

The impact of trauma on caregiver/child relationships and attachment

Parenting is never easy. As professionals working with parents/caregivers it is important to understand some of the challenges present in generational patterns of parenting. These challenges include:

- The transmission of trauma from one generation to another
- Adult Attachment challenges
- The lifecycle of parenting
- The importance of addressing survival needs and immediate crisis *before* addressing sensitive, underlying trauma and unexplored issues

Through building healthy communication habits, modeling characteristics of self-aware adults, and providing concrete tools and strategies, you can build confidence for restore hope for parents/caregivers.

This training is appropriate for professionals working with parents and caregivers of children of any age. Including: parent educators, family advocates, social workers, therapists and counselors, teachers, childcare providers and health care providers.

Date: Friday September 22, 2017

Time: 9am - 4pm

Location: San Luis Coastal Adult School,
Room J2 1500 Lizzie St. San Luis Obispo

Cost: \$55/attendee. *Includes morning coffee and lunch.*

\$85/attendee. Includes morning coffee, lunch, and CEU certificate with 5-6 contact hours.*

Board of Behavioral Science CEUs are for Social Workers & Therapist.

Contact Center for Family Strengthening
with any questions 805-543-6216.

Training instructor: Ron Huxley, LMFT
Ron Huxley, LMFT is a noted child and family therapist, speaker and blogger who helps families in need of hope and restoration in his San Luis Obispo County.



Center for Family Strengthening



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