



Aware Parents Aware Kids

Aware Parent Tween & Teen Class

A Totally Different Way to Parent & Empower
Your Tween & Teen!



Connection tools to keep the relationship with your teen/tween; or to get it back!

- Communication that supports the relationship and prevents communication-shutdown.
- Understand the teenage brain's need for social connections, novelty and creativity
- Help your teen make good decisions; with an immature brain
- How to be a lighter, more fun parent and bring in healing laughter
- Empower your teen to create a life that works for them
- How to support yourself when you get emotionally triggered

COST: \$175 Couples discount. Includes Materials

DATE: Three Tele-Classes. Dates to be determined

LOCATION: Classes in SLO, Arroyo Grande, by Tele-Class. Private Sessions Available

RSVP: For the free introductory *Tele-Class* date, time and phone number.

Julie Nevison

Certified Parent Educator & Coach ♦ Life Coach

Healing Arts Practitioner ♦ Nutrition Consultant

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Julie began using parent connection tools over 25 years ago with her 3 (now adult) daughters, and has been a Certified Parent Educator and Coach for over 10 years. Julie's joy is teaching parents to create families that are confident, self-aware and empowered to grow to their highest potential !!

You have changed my whole way of thinking. You are an amazing teacher! In just a short amount of time, what we have accomplished is ground breaking and I never even thought it was possible! I am in a very tough position and still find positivity when I used to feel there was no light at the end of the tunnel.....I would recommend you to anyone going through any kind of issues with their children. Your system makes sense and the thing I like most is, no matter what dilemma may arise, if you stick to the basic tools you provide in the beginning you will always have simple basic ways of working through things. A 10 star system - and that's coming from a professional fighter who runs on systems!!!! Preston S. SLO