

Training Provided by
TMHA
**Wellness
Centers**



Group Facilitator Training 2017

**A 2.5 hour presentation/workshop for
anyone who facilitates a group or is
interested in facilitating.
Open to All!**

This training is a good resource for people new to facilitating groups, and veteran facilitators looking for fresh ideas, support, and inspiration.

The topics we will discuss include:

- Maintaining control of a group
- Coping with personal anxiety of facilitating
- Working with critical, dominating, or monopolizing group participants
- How to practice active listening while facilitating
- Working with participants not engaging in the group
- Maintaining the balance of facilitator/peer role

- Feb 17, 2017
- May 15, 2017
- Aug 18, 2017
- Nov 13, 2017

**2017 Trainings held at
TMHA**
784 High Street, SLO
9:00-11:30am
RSVP to Amy Waddle
awaddle@t-mha.org
805-540-6577