

## Quick Reference Guide

**New Benefits**

*Referral to Mental Health Services for CenCal Health Medi-Cal Members*

**No Change**

### THE HOLMAN GROUP

### COUNTY MENTAL HEALTH

**Eligible Patients:** CenCal Health children and adults who need mental health services not covered by County Mental Health

**Eligible Patients:** Children and adults who meet medical necessity or EPSDT criteria for Medi-Cal Specialty Mental health Services

#### Services for Mild/Moderate Conditions

- Individual mental health evaluation and treatment (psychotherapy)
- Group mental health evaluation and treatment services
- Psychological testing when clinically indicated to evaluate a mental health condition
- Psychiatric consultation for medication management

#### Services for Severe Conditions

- Crises Intervention and Stabilization
- Mental Health Services (assessments plan development, therapy, rehabilitation)
- Medication Support
- Day Treatment Services and Day Rehabilitation
- Targeted Case Management and Therapeutic Behavior Services
- Crises and Adult Residential Treatment
- Acute Psychiatric Inpatient Hospital and Health Facility Services
- Professional Services in Psychiatric Inpatient Hospital

#### Referral Process

Member or Provider can call Holman Group (24 hours a day 365 days a year)

**The Holman Group**  
**Toll Free Number**  
**(800) 321-2843**

If The Holman Group suspects a severe condition, will refer to County Mental Health

#### Referral Process

If anyone is in immediate danger, call 911

Member or Provider can call Access Line for County Mental Health (24 hours a day 365 days a year)

**Santa Barbara County: (888) 868-1649**  
**San Luis Obispo County: (800) 838-1381**

If County Mental Health suspects a mild to moderate condition, will refer to Holman Group