

Special Needs Resources: Referral Matrix for Child-Serving Professionals

San Luis Obispo County, Children Ages 0-5

** Many services depend on eligibility for a specific agency or program. This matrix is designed to be a starting point, to increase awareness of possible resources. See reverse side for agency contact information.

SERVICES	AGENCIES																
	Tri-Counties	Local Public School/ School District	Martha's Place/County Behavioral Health	CenCal (Medi-Cal) , private insurance	California Children's Services (CCS)	County Department of Social Services	Social Security Administration	Parents Helping Parents	Autism Spectrum Center	BEST PALS	Child Development Resource Center	Family Resource Centers	Child Care Resource Connection, CAPSLO	Jack's Helping Hand	Parent Connection	Alpha Pregnancy & Parenting Support	Oral Health Coordinator (dental)
Initial assessments	✓	✓	✓							✓							
Parent support groups/workshops/ classes, family events, support line							✓	✓	✓		✓				✓	✓	
OT, PT, Speech therapy	✓	✓	✓	✓	✓					✓							
Mental health therapy			✓	✓	✓						✓						
Specialized medical/dental resources	✓			✓	✓												✓
Resource guides and information, private provider listings								✓			✓				✓		✓
Special needs preschool, parent education and participation	✓	✓					✓				✓						
Medical/adaptive equipment							✓				✓		✓	✓			
Transportation assistance to medical appointments	✓			✓	✓						✓		✓				
First contact, system navigation help, case management, advocacy	✓				✓		✓	✓			✓						
Resource library, children's toys							✓	✓					✓	✓			
Behavioral services	✓	✓															
Respite care	✓																
Child care referrals/cost assistance	✓												✓				
Medicaid (Medi-Cal) and health insurance enrollment assistance						✓					✓						
Supplemental Security Income (SSI), also gives child Medicaid (Medi-Cal)							✓										
In Home Supportive Services, to pay an outside caretaker/parent						✓											
Medicaid waiver for children living at home instead of in an institution	✓																

Agency Contact Information

Tri-Counties Regional Center

Early Start: early intervention services for qualified children ages 0-3. 456-4153
<http://www.tri-counties.org/index.php/services-a-supports/early-start-services>
General services: For ages 3+ with developmental disabilities (school district is primary service provider beginning at age 3).
543-2833 <http://tri-counties.org/>

Local Public Schools

Complete listing of school district special education contacts:
http://www.sloselpa.org/?page_id=29
San Luis Coastal Unified Parent Participation, for parent-child activities.
549-1222 <http://ppp.slcsud.org/>

Martha's Place/County Behavioral Health

Assessments and services for Medi-Cal children with at-risk behaviors, emotional issues, or suspected prenatal alcohol or drug exposure.
781-4948 <http://www.beginningsofslo.org/seek/marthas-place/>

CenCal (Medi-Cal)

Medi-Cal managed care provider for SLO County members. Also mental health providers for children with mild to moderate needs.
1-877-814-1861 (Member Services)
http://www.cencalhealth.org/for_members/sbhiplan/sbhi_index.html

California Children's Services (CCS)

Medical treatment and case management for children with eligible medical conditions and family income levels.
Medical physical therapy for eligible children regardless of income level.
781-5527 <http://www.slocounty.ca.gov/health/publichealth/famhealth/ccs.htm>

County Department of Social Services

IHSS for eligible children with disabilities through Tri-Counties Regional Center.
781-1790 <http://www.slocounty.ca.gov/dss.htm>
Medi-Cal, CalFresh food stamps, cash aid for income-qualifying children.
781-1600 <https://www.mybenefitscalwin.org/>

Social Security Administration

Supplemental Security Income (SSI), monthly income for eligible disabled children.
800-772-1213 <http://www.ssa.gov/disabilityssi/apply-child.html>

Parents Helping Parents

Parent support groups/trainings, resource library, advocacy, point of first contact.
543-3277
<http://ucp-slo.org/affiliates/parents-helping-parents/php-family-resource-center>

Central Coast Autism Spectrum Center

Family events, online resource guide, point of first contact for parents.
763-1100 <http://www.autismspectrumcenter.com/>

Child Development Resource Center

Preschool, sliding-scale mental health therapy for young children and family members.
544-0801 <http://www.childrensresource.org/>

BEST PALS

Assessment and short-term treatment for any child through age 5.
550-8799 <http://www.best-pals.org/>

Family Resource Centers

Help for parents in overcoming barriers to health care for their 0-5 children.
South County: So. Co. SAFE FRC, 474-2105 North County: The LINK, 466-5404
SLO/Coast: CAPSLO FRC, 544-4355 x. 120
Additional Family Resources Centers can be found at <http://slohealthaccess.org>

Child Care Resource Connection, CAPSLO

Childcare subsidies and referrals to providers. 541-2272
<http://www.capslo.org/programs/sec-cyf-services/menu-child-care-resource-connection>

Jack's Helping Hand

Resource library, children's toys, financial assistance for equipment and transportation, and free adaptive programs for children. 547-1914 <http://jackshelpinghand.org/>

Parent Connection

Online listing of all parenting resources, parent education classes, and free and confidential parent coaching. <http://sloparents.org>
Free Parent Helpline: SLO/Coast 543-3700. North County 904-1411.
South County/Spanish Countywide 462-7135

Alpha Pregnancy and Parenting Support

Pregnancy support and parenting resources for families with children age 0 - 1.
Post-partum depression support line. 541-3367 <http://sloalpha.org/>

Oral Health Coordinator

Helping child-serving professionals to obtain pediatric dental referrals. 781-5503
Additional resources can be found at <http://www.slohealthaccess.org/dental.html>

Advocacy Information *Steps to take if you need help accessing services:*

Advocacy with Public School

- 1) Local school district special education contact
http://www.sloselpa.org/?page_id=29
- 2) SLO SELPA (Special Education Local Plan Area) <http://www.disabilityrightsca.org/about/OCRA>
http://www.sloselpa.org/?page_id=23
- 3) State Council on Developmental Disabilities,
Central Coast Regional Office
<http://www.scdd.ca.gov/regionaloffices.htm>

Advocacy with Regional Center

- 1) Parents Helping Parents
- 2) Disability Rights CA
<http://www.tricounties.org>
- 3) State Council on Developmental Disabilities,
Central Coast Regional Office
<http://www.scdd.ca.gov/regionaloffices.htm>

**For help with advocacy, contact Parents Helping Parents or a Family Resource Center.