



Aware Parents Aware Kids

JULIE NEVISON

Tears, Tantrums & Trauma

...respond intentionally to
promote healing, cooperation & closeness



A child's behavior is a form of communication. Every day emotional stress or traumatic experiences can affect the thinking part of the child's brain; causing challenging behavior. Brain science has proven the importance of supporting your child's emotional release, (tears and tantrums) to promote cooperation, emotional health, higher intelligence and closer connections.

- Learn the brain science and psychology behind tears, tantrums and trauma
- Respond to create emotional healing, deeper connection, and more cooperation
- Receive parent support in the emotional job of parenting

This class is the first in a five-part series. Learn the first of 5 new tools that will give you the confidence to support your child in growing to their fullest potential.

Cost: \$20 Bring a friend and both get \$10 off

Time: 7:00-8:30 PM ▪ Locations in SLO, Arroyo Grande and by Tele-Class

RSVP to reserve your seat: JulieNevison@yahoo.com (805) 630-6281

Julie Nevison

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Julie began using parent connection tools over 25 years ago with her 3 (now adult) daughters, and has been a Certified Parent Educator and Coach for over 10 years. Julie's joy is teaching parents to create families that are confident, self-aware and empowered to grow to their highest potential !!