

## HOUSEHOLD CHORES

Chores that your kids can do that are developmentally appropriate.

Adapted from Positive Parenting A-Z, Karen Renshaw-Joslin  
Positive Discipline A-Z, Jane Nelsen & Lynn Lott

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### Age 2½ - 3

Wipe up own accidents  
Put away groceries (lower shelves)  
Pick up toys  
Stack newspapers, magazines  
Run hand held vacuum over crumbs  
Help with hygiene (teeth, wash)  
Choose own clothes, Dress  
Sort Silverware into drawer

### Age 4

Empty waste baskets  
Take out garbage  
Help with grocery shopping  
Prepare breakfast  
Set and clear table  
Make bed, pick up room  
Hold electric mixer  
Bring in firewood  
Add ingredients to simple recipe  
Mix juice  
Get mail  
Help do yard work  
Follow schedule feeding pets  
Choose own clothes  
Sweep floor

### Age 5

Help with meal planning  
Make simple lunch, breakfast  
Clean up after lunch, breakfast  
Pour own drinks  
Cut vegetables with supervision  
Clean mirrors and windows  
Wipe counters  
Separate laundry  
Sweep porch  
Answer phone  
Pay for small purchases  
Help clean car  
Vacuum

### Age 6

Choose own clothing  
Water plants  
Peel veggies  
Pull weeds  
Set table  
Prepare own school lunches  
Take a pet for a walk

### Age 7

Care for own bike  
Write down phone messages  
Wash, train pets  
Get up in the morning  
Be in charge of lunch money  
Iron simple items  
Scrub bathtub  
Help change beds  
Dishes in the dishwasher

### Age 8-9

Sew buttons on clothes  
Clean up after animals  
Rake yard  
Bathe a younger sibling  
Handle own money  
Operate washer and dryer  
Use grocery list  
Help comparison shop  
Prepare family meal  
Wait on guests  
Plan own birthday party  
Do neighborhood chores

### Age 10-11

Mow grass  
Wash pots and pans  
Clean kitchen  
Practice musical instrument  
Stay at home alone for short times  
Pack own bag to stay over with friend  
Use proper conduct in public, with friends  
Do own laundry