CONVERSATION STARTERS

YOUNG CHILDREN

Do you know the names of all your body parts?

Do you know why girls and boys look different?

Your aunt is pregnant. Do you know what that means?

PRETEENS

Tell me what you know about puberty. How do you feel about going through these changes?

At what age do you think a person should start dating?

Do you think girls and boys are treated differently? How?

TEENS

How have you changed in the last two years? What changes do you like? What changes do you dislike?

At what age is a person ready to have sex? How should a person decide?

At what age do you think someone is ready to be a parent?

CAPSLO Prevention & Health Education Department

CONVERSATION STARTERS

YOUNG CHILDREN

Do you know the names of all your body parts?

Do you know why girls and boys look different?

Your aunt is pregnant. Do you know what that means?

PRETEENS

Tell me what you know about puberty. How do you feel about going through these changes?

At what age do you think a person should start dating?

Do you think girls and boys are treated differently? How?

TEENS

How have you changed in the last two years? What changes do you like? What changes do you dislike?

At what age is a person ready to have sex? How should a person decide?

At what age do you think someone is ready to be a parent?

CAPSLO Prevention & Health Education Department

RESOURCES FOR PARENTS

INTERNET

www.seicus.org

www.noplacelikehome.org

www.talkwithyourkids.org

www.advocatesforyouth.org

answer.rutgers.edu

www.kidshealth.org

BOOKS FOR PARENTS

Staying Connected to Your Teenager
Michael Riera

How to Talk With Teens About Love, Relationships, and S-E-X
Amy G. Miron & Charles Miron

The Real Truth About Teens and Sex
Sabrina Wells

Sex & Sensibility: The Thinking Parent's Guide
Deborah M. Roffman

BOOKS FOR CHILDREN

It's Not the Stork!
Robie Harris
ages 4 +

What's the Big Secret?
Laurie Krasny Brown & Mark Brown
ages 4 to 8

It's Perfectly Normal
Robie Harris
ages 10+

The "What's Happening to My Body" Book for Boys/Girls
Lynda Madaras & Martin Anderson
ages 8 to 15

CAPSLO Prevention & Health Education Department

RESOURCES FOR PARENTS

INTERNET

www.seicus.org

www.noplacelikehome.org

www.talkwithyourkids.org

www.advocatesforyouth.org

answer.rutgers.edu

www.kidshealth.org

BOOKS FOR PARENTS

Staying Connected to Your Teenager
Michael Riera

How to Talk With Teens About Love, Relationships, and S-E-X
Amy G. Miron & Charles Miron

The Real Truth About Teens and Sex
Sabrina Wells

Sex & Sensibility: The Thinking Parent's Guide
Deborah M. Roffman

BOOKS FOR CHILDREN

It's Not the Stork!
Robie Harris
ages 4 +

What's the Big Secret?
Laurie Krasny Brown & Mark Brown
ages 4 to 8

It's Perfectly Normal
Robie Harris
ages 10+

The "What's Happening to My Body" Book for Boys/Girls
Lynda Madaras & Martin Anderson
ages 8 to 15

CAPSLO Prevention & Health Education Department