

# The Martha's Place Story

Martha's Place was created as the result of a community collaborative with San Luis Obispo County, several community agencies, policy makers and community members. The model of care at Martha's Place is based on the SART (Screening, Assessment, Referral and Treatment) model created by Dr. Ira Chasnoff in Chicago. In January of 2007 Martha's Place was opened and staff began seeing children in February of 2007. Originally, CAPSLO was the fiscal and administrative agent for Martha's Place with staff being provided by CAPSLO and the SLO County Health Agency. In July of 2010 SLO County Behavioral Health took over all oversight and administration of Martha's Place. Martha's Place assesses and provides services to over 150 children per year. Our staff is dedicated to providing the highest standard of care in order to help improve the quality of life for children and families in our community.



Martha Johnston continues to be an inspiration to us here at the Children's Assessment and Treatment Center. Her life, though tragically short, exemplifies both the amazing resiliency of youth and an example of the damage drugs and alcohol can have on the unborn child.

It is with great honor that we name the Children's Assessment Center after Martha Johnston. It is through her tragic loss that we strive to make a difference in the lives of children.

Martha's Place primarily provides services to children and families who have Medi-cal and can also serve those with no insurance.



Martha's Place Children's  
Assessment and Treatment Center  
2925 McMillan Ave Ste. 108  
San Luis Obispo, CA 93401  
(805) 781-4948  
Fax (805) 781-4962



All donations to Friends of Martha's Place are tax-deductable. If you are interested in contributing to the Friends of Martha's Place Fund please contact the Community Foundation at 805-543-2323

SAN LUIS OBISPO COUNTY  
COMMUNITY  
FOUNDATION



## Assessment and Treatment for Children Birth to Five



## Making a difference



## in the lives



## of Children

# Making a difference

## Our Mission:

is to help children birth to five in our community reach their full potential, to be loved, to be emotionally well-developed and to enter school ready and able to learn



## Our goals:

For families, schools, agencies and significant people in a child's life to better understand and accept a child's behaviors and learn effective ways to address the child's behaviors.



To educate families and others involved with children regarding what is underlying the child's behaviors and help identify and meet the individual needs of each child.

**“To help give these children a voice and a safe stable environment in which to thrive.”**

# Our Program

Martha's Place Children's Assessment and Treatment Center focuses on assessment and treatment of children birth to five who exhibit at-risk behaviors that may be interfering with their normal development and/or who have been prenatally exposed to alcohol or other substances.

Children who are referred to Martha's Place receive a comprehensive assessment of their medical, cognitive, behavioral, social, educational and emotional development, as well as their family relationships. We have a multidisciplinary team that provides a comprehensive assessment to help identify the challenges and needs that are unique to each child.

Our staff includes a pediatrician, public health nurse, licensed mental health therapists, therapist interns and trainees, psychologist and other office/support staff.



If you have questions about our program please contact our Program Supervisor at (805) 781-4960.

**For questions or to make a referral please call 781-4948**

# Our Services

When your child comes to Martha's Place your child and family will receive

Pediatric Evaluation  
Mental Health Evaluation  
Psychological testing, if indicated



A comprehensive Multidisciplinary Pediatric and Behavioral Health Report with treatment recommendations

Referrals to services based on your child's individual needs

Mental Health Therapy

- ◆ Attachment based Therapy<sup>®</sup>
- ◆ Non-directive Play Therapy
- ◆ Filial Therapy
- ◆ DIR/Floortime
- ◆ Family Therapy

Caregiver Education/Support

Occupational Therapy/Sensory Integration

Case Management/Coordination of services

